



Policy for Disability Accommodation Requests

Adopted by TCTC Board on February 11, 2018

Revised by TCTC Board on August 13, 2023

Background

Twin City Track Club, Inc. (TCTC) has determined the need to respond to requests for disability accommodation for hosted running events and races. Our overall goal is to have a simple, workable policy that encourages running and fitness activities by all individuals while providing a fair and enjoyable experience for all participants in a given event.

Policy

It is the intent of Twin City Track Club, Inc. (TCTC) to be consistent with the practices of the USA Track & Field Policy & Procedures for Evaluation of Requests for Accommodations Pursuant to the Americans With Disabilities Act. An individual may submit a request for an accommodation, due to an asserted disability, to the respective TCTC event/race director. The request must be specific to a particular competition and to a specific event discipline or activity at the relevant competition and should be submitted at least 4 weeks prior to the event. Based upon information provided, the event/race director will then decide whether the requested accommodation is reasonable on its face, in relation to the disability and the nature of the accommodation requested. The event/race director may seek advice and input from the TCTC Board and other stakeholders, but the final decision resides with the event/race director.

Note: This policy is guided by guidelines from the Road Runner Clubs of America and the USA Track & Field Policy & Procedures for Evaluation of Requests for Accommodations Pursuant to the Americans With Disabilities Act.

Addendum on the use of Guide Runners at TCTC races and events:

A Guide Runner is a person who provides verbal cues and navigation support to an athlete with a vision impairment on the racecourse. Those who would like to make use of a Guide Runner in a TCTC event should follow these steps:

- Submit a request to the event/race director at least 4 weeks in advance of the race date. Selection of the guide runner is the responsibility of the athlete.
- The guide runner will register separately with the race director. There is no entry fee for guide runners.
- Guide Runners will not receive a finishing time or be included in the final race results.

In addition:

- The Guide Runner may not push, pull or slingshot the athlete forward.
- The athlete shall determine the pace and cadence of the pair, not the Guide Runner.
- The Guide Runner may not cross the finish line ahead of the athlete.