The Pace Report,



Just for you.

Hi Greenville Run Club!



November Demo Run

11/11: The Adrenaline Rush Brooks Demo + Food Drive: Demo the NEW Brooks Adrenaline GTS 26 OR the Ghost AMP! In honor of Veterans Day, we're also collecting non-perishable food items to support those in need in our community.

11/18: Running for the Morse Family: We're coming together to support the Morse family as Heather prepares for breast cancer surgery and treatment. Let's show them some love during this challenging time! We are accepting gift card donations and monetary contributions to help with everyday needs. You can donate directly at http://www.supportnow.org/heather-morse.

We have a website!

Greenville Run Clubs website is officially live! Head to our website to confirm your membership, find upcoming runs, training programs, and everything you need to stay in the loop with Greenville Run Club. See you out there!

Learn More Here

November Birthdays


Greenville Run Club
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Happy Birthday To Our November Birthdays!

Join us Wednesday (11/4) for the first Night Shift of the month as we celebrate with treats and a special birthday raffle! Whether you're celebrating your birthday or just looking for a great midweek run, we'd love to have you there!

Clock in, log some miles, enjoy a sweet treat! If November is your birthday month, you'll also be entered into a special birthday raffle! See you Wednesday!

Make sure we don’t miss you in upcoming months by updating your member profile on our website!

William Battle
Michael Veres
Cynthia Sanchez
Rhonny King
Emily Royal
Ashlynn Schoettle
Morgan Mann
Melina Lewerenz
Sara Lowe
Sarah Robling
Ericka Rodriguez
Daniella Bazalar
Ginny Roman
Martin Coward
Joshua McMunn
Zachary Quezada Miller
Casandra Watson
Joshua Kibirige
Javier Ramirez
Christen Holley
Chantel Staton
Kibrom Tekllu
Zadakyss Burney
Diya Patel
Mo Bey
Ben Rosenberger
Rachel Wilkerson
Ricardo Perez
Diana Lee Ruffin
Devyn Davis
Connor Cribb
Jasmine Jalali
Josh Walston
Ashish Khanchandani
Evin Hill
Taylor Dohar
Joseph Hadaway
Andrew Jefferson
Erica Conjelko
Lana Edith Harrell
Austin Trevino
Evan Greer
Michael J Fulcher
Karen Capozzi
Carrie Carlson
Diego Martinez
Thomas Vivirito
Maxwell Savage
Arianna Latimer
Courtney Brinkley
Matthias Du Sablon
Mary Pierce
Katie Moss
Walker White
Camille Manuncia
Erin Dunne
Jordan Crass

Strava Segment Challenge Winners for October...

Local Legend of Ficklen Sprint: Jeremy Johnson

Who's claiming Local Legend this month?

Ready for some friendly competition? Each month, we'll feature a new segment to chase!

Hit the segment, climb the leaderboard, and see if you have what it takes to be crowned the Segment Champion or Local Legend! The winner will be crowned the first run of the month at The Night Shift.

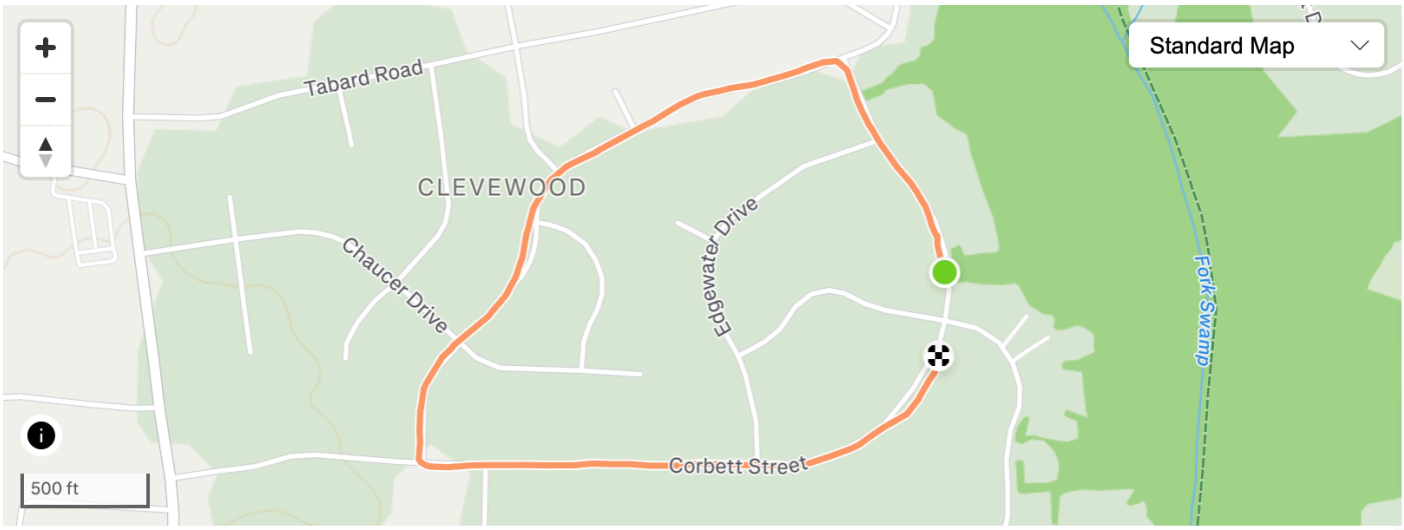
November's Segment: Run the Segment

Corbett ☆

Run Segment Winterville, North Carolina

Distance	Elevation Gain	Avg Grade	Lowest Elev	Highest Elev	Elev Difference
0.94 mi	26 ft	0.2%	57 ft	76 ft	19 ft

96 attempts by 14 people | Starred by 2 people



Upcoming Races

Sam's 5k Presented by Epsilon Sigma Alpha
Glow Run 5k Presented by Fleet Feet Greenville
Beau's Buddies Turkey Trot
Reindeer Dash for Cash
Santa Dash 5K & 1 Mile Walk Presented By Fleet Feet
Queen Anne's Revenge Ultra
CoopStrong Four Miler

Discount Codes:

Keep Going Half Marathon CODE: GRC

Thank you for being part of our running community.