Saturday, October 31, 2026

For Immediate Release

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ROXBURY – On the morning before the clocks are turned back an hour and with trick and treating just hours away some of the runners in the starting area looked like refugees from New York's Village Halloween Parade.

In temperatures that are below where they were when the leaves first changed colors but still seasonable, Stephen Roszko wasn't dressed as a Disney charter or a Muppet. He just broke from the pack going up the steepest hill on the 5.0-mile course at the weekly Roxbury Road Runners Club series and became the most consistent winner this side of the Milwaukee Brewers.

"I use this as my training day," he said. "To go hard."

He said he jogs during most of his weekday workouts.

He started competing in the series this spring. After finishing second and third numerous times he tallied his first victory on September 19.

Roszko underscored that racing each Saturday has made him a better runner.

"I get to compete against familiar faces," he explained. "They change the course each week."

The 39-year-old New Fairfield resident has annexed five of the last six events at Roxbury.

He finished on Saturday, October 31, in 33-minutes, 33.19-seconds over that 5.0-mile loop, which included a trip up that steep hill on Apple Lane and down the long incline on Squire Road.

Dylan Felt, 30, of New Milford made it a contest, taking second place in 35:41. Chris Deming, 60, of Danbury was third in 35:48.

Kayleigh Constantine, 30, of Southbury was the female winner, taking

fifth place overall with a 38:39 clocking.

Deming appears assured of garnering his third season title in the last five years. He has collected 1,372 points.

With three races remaining in the season, Miriam Acevedo, 49, of New Milford tops the women's standings and is second overall with 1,109 points. She was the women's season champion in 2025 and has taken the female crown at 13 of the 2026 races.

Scott Benjamin, 68, of New Milford is second in the men's standings with 1.042 points, followed by Franklyn Gandiaga, 39, of Derby with 1,011 points and Matt Cappiello, 61, of Southbury with 1,008 points.

The series will continue on Saturday, November 7, 8:30 a.m., with a 4.5-mile race that will include a trip up the long hill on Squire Road.

Runners should bring at least one non-perishable good. They will be donated to the Roxbury Food Pantry at the Roxbury Church of Christ.

The races, which are sanctioned by the Roxbury Recreation Commission, start and finish near the Everett B. Hurlburt community Park at 18 Apple Lane.

Registration is available through Roxbury Road Runners Club.

Runners should arrive early and check in so that they are logged into the computer system or sign the entry sheet near the starting area.

Current and former military personnel, current and former first responders and youth entrants should inquire about discount fees. The general charge is $45 for a season pass and $10 for the weekly waiver.

The Roxbury Fall Classic, which includes a 50-kilometer race, marathon and half-marathon, is scheduled for Saturday, November 14. Registration is available at https://runsignup.com/Race/CT/Roxbury/RoxburyMarathonHalfMarathonand50k.

The ninth annual Roxbury Thanksgiving Day Charity Race is slated for Thursday, November 26, 9 a.m., over a 3.1-mile route.

Registration can be accessed via https://runsignup.com/Race/CT/Roxbury/RoxburyThanksgivingDayCharityRace.

The fee is $10 plus a $1.60 handling charge – for a grand total of $11.60. Race-day registration of $15 per runner – plus a $1.90 handling fee for a grand total of $16.90 - - will be available November 26 at the pavilion to the community park from 7:30 to 8:50 a.m.

If you are interested in working as a registration table attendant or course marshal for the Thanksgiving Day race, please contact Scott Benjamin at ScottBenjaminWCSU2014@gmail.com or (v/m) (860) 354-

3521.

Additional information on the series is available via the Roxbury Races Facebook Page.

Full results from the October 31 race are available via Roxbury Road Runners Club.