

For Immediate Release

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## Bell Rings Loud At Roxbury Mile II

ROXBURY – Dillon Bell ran the 1,760 yards from near the end of Apple Lane to the parking Lot of the Booth Free School on South Street so fast it was worthy of a 10-foot blanket of red and white carnations in the winner's circle.

Bell won the Roxbury Mill II in 4-minutes, 45-seconds – 16 seconds faster than his second-place finish on May 23 in Roxbury Mile I.

Bell, 27, of New Milford has been collecting victories at the weekly Roxbury Road Runners Club series since 2023. He graduated from Bethel High School, continued his running career at Houghton University and is now the head coach at Post University in Waterbury.

Kevin Whitton, 33, of Southbury was second in 5:07 in the Saturday, September 5, event. He improved by 12 seconds over his fifth-place finish at Roxbury Mile I this spring.

Regan Brooks, 18, of Southbury, a senior at Pomperaug High School, was the first female finisher in the field of 72 runners. She was 11<sup>th</sup> overall with a clocking of 6:42. Brooks had a personal best this spring in high school track of 12:30 in the 3,200 meters.

Miriam Acevedo, 49, of New Milford was second in the female standings., taking 13<sup>th</sup> overall in 6:47. She had captured the women's division this spring at Roxbury Mile I.

The Roxbury Mile began in 2003 after the concept was proposed by Chris Powderly who regular ran in the races at that time.

CT Run Co., On-Com and Grounds Round House served as sponsors for the event, which has grown in popularity over the last year. Proceeds from the race went to Homes For Our Troops

Fast Track Timing clocked the runners.

The series will continue on Saturday, September 12, 8:30 a.m., with a 6.4-mile event that will include a trip along Falls Road and then Minor Bridge Road.

The season is about to turn into the far turn, with 11 races remaining through the November 28 conclusion.

The races, which are sanctioned by the Roxbury Recreation Commission, start and finish near the Everett B. Hurlburt community Park at 18 Apple Lane.

Registration is available through [Roxbury Road Runners Club](#).

Runners should arrive early and check in so that they are logged into the computer system or sign the entry sheet near the starting area.

Current and former military personnel, current and former first responders and youth entrants should inquire about discount fees. The general charge is \$45 for a season pass and \$10 for the weekly waiver.

The Roxbury Fall Classic, which included a 50-kilometer race, marathon and half-marathon, is scheduled for Saturday, November 14. Registration is available at <https://runsignup.com/Race/CT/Roxbury/RoxburyMarathonHalfMarathonand50k>

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The ninth annual Roxbury Thanksgiving Day Charity Race is slated for Thursday, November 26, 9 a.m., over a 3.1-mile route.

Registration can be accessed via

<https://runsignup.com/Race/CT/Roxbury/RoxburyThanksgivingDayCharityRace>.

The fee is \$10 plus a \$1.60 handling charge – for a grand total of \$11.60. Race-day registration of \$15 per runner – plus a \$1.90 handling fee for a grand total of \$16.90 - - will be available November 26 at the pavilion to the community park from 7:30 to 8:50 a.m.

Full results from the September 5 race are available via Roxbury Road Runners Club .