

For Immediate Release

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Abraham, Levy Score Victories Over Challenging Roxbury 10-K

ROXBURY – They say when you're a college athlete you should put your high school sports portfolio in an electronic folder because everyone else on the team has similar credentials.

Beyond that, a report indicates that only seven percent of the high school athletes in any sport go on to compete in college.

However, Wylden Abraham has added an exclamation point to his cover letter.

The 17-year-old Roxbury resident has taken tallied wins in his last six appearances at the weekly Roxbury Road Running Club series.

In weeks he will be running on the cross-country team at Gettysburg College in Pennsylvania following a stellar career at Shepaug Valley-Washington High School.

On Saturday, July 18, he prevailed over a 6.2-mile loop that included a climb up the steep incline along Painter Hill Road. Abraham was clocked in 42-minutes, 19.08 seconds – a 6:50-per-mile pace.

He was challenged by Owen Baillargeon, 24, of Brookfield – a former soccer player at Western Connecticut State University in Danbury. Baillargeon finished second in 42:31.

Abraham is the son of Mike Abraham, 67, who placed seventh with a time of 46:56.

Mike Abraham coached the New Milford High School cross-country team for many years, guiding it to a state open title.

So it was a family Saturday at Roxbury, as Ashley Levy captured the female title. She is the daughter-in-law of Janet and Ross Levy – Roxbury residents who have competed in the races for 25 years.

Ashley Levy, who works in publishing and lives near San Francisco, finished 12th overall in 53:06. She said doesn't run many races, but since she has been at Roxbury before, she has competed over the 6.2-miler. She also has run in the annual New Milford Parks & Recreation eight-mile race

Through 19 of the 36 races in the series, Chris Deming, 59, of Danbury leads in the men's standings. Deming, who was eighth in the 6.2-mile run with a clocking of 47:39. He collected 911 points since the season began on March 7.

Miriam Acevedo, 49, of New Milford leads the women's division standings. She took 17th place in the most recent race with a time of 57:36. Acevedo has annexed 711 points for the campaign.

There will be no race on Saturday, July 25, when the New Milford Parks & Recreation 3.1- and eight-mile races will be run.

The series, which is sanctioned by the Roxbury Recreation Commission, will resume on Saturday, August 1, 8:30 a.m., with a 4.7-mile race with will include a journey through part of the Brian E. Tierney Preserve near Squire Road.

Registration for the races is available through [Roxbury Road Runners Club](#).

Runners should arrive early and check in so that they are logged into the computer system.

Current and former military personnel, current and former first responders and youth entrants should inquire about discount fees. The general charge is \$45 for a season pass and \$10 for the weekly waiver.

The races, which are sanctioned by the Roxbury Recreation Commission, usually start and finish near the Everett B. Hurlburt community Park at 18 Apple Lane.

For more information, contact Scott Benjamin, the race director, at ScottBenjaminWCSU2014@gmail.com, (v/m) (860) 354-3521 or access the Roxbury Races Facebook page, www.roxburyraces.net or [Roxbury Road Runners Club](#).

Full results from the July 18 race are available via [Roxbury Road Runners Club](#).