

For Immediate Release

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## Spartan Harriers Go 1-2 Over Rigorous Moosehorn Loop

ROXBURY – When the Roxbury Road Runners Club series began in 1977, Bridgewater’s Donnie Stuart, a 1974 graduate of Shepaug Valley High School-Washington and a stalwart in the Berkshire League during his career, was scoring victories and setting course records.

Former Bridgewater resident Dave Harvey, a 1982 Shepaug graduate, began running the Roxbury courses while still in high school, went on to run at Gettysburg College in Pennsylvania and captured the Roxbury season title twice.

The Spartans’ winged-foot tradition continues.

On Saturday, June 6, Shepaug senior Wylden Abraham, 17, of Roxbury – who is headed for Gettysburg in August and has a father, Mike Abraham, who has been the season champion at Roxbury the last two years - scored a victory over Shepaug Valley sophomore Nathan Fisher, 15, of Washington.

They were only about nine seconds apart at the end of the 9.9-mile Moosehorn course, which has three major upward inclines and roads with enough dirt to fill every public works truck in Litchfield County.

The name “Moosehorn” doesn’t come from the Adventures of Rocky & Bulwinkle, but from the road with the steep hill near the six-mile mark, which makes you think you just started a trek up Mount Washington.

Matt Cappiello, who has ranked as high as second in 2026 in the season standings of the Roxbury series, skipped the Moosehorn challenge so he could be fresh for the Brookfield Strides To Diabetes five-miler the next day,

It paid off, he was the top male finisher in the 40 and over category.

Cappiello, 61, of Southbury said that other than the Botsford Hill 11-mile course, Moosehorn is the toughest event in the 36-race Roxbury schedule.

Wylden Abraham, who will major in International Relations and Languages in college, was clocked in 1-hour, 16-minutes and .01-seconds. He has demonstrated versatility. Two weeks earlier he placed first in a field of 102 in the Roxbury Mile I.

Fisher was timed in 1:16.08.9. In seven races at Roxbury in 2026, he has won five, placed second once and third the other time.

Miriam Acevedo, 49, of New Milford has now captured eight of the 14 races in the female division at Roxbury this year. She placed 12<sup>th</sup> overall on Moosehorn with a 1:33.27 clocking.

The series will continue on Saturday, June 13, 8:30 a.m. with a 6.2-mile event that will go to Falls Road and back.

Registration is available through [Roxbury Road Runners Club](#).

Runners should arrive early and check in at the Everett B. Hurlburt Community Park so that they are logged into the computer system.

The weekly races will continue uninterrupted through the remainder of June.

On Saturday, July 4, there will be no race since the Stephen Reich Freedom Trail five-kilometer (3.1-mile) run will be held at Steep Rock in Washington, sponsored by that town’s Recreation Department.

On Saturday, July 11, the Roxbury series will resume at 8:30 a.m. with a 3.0-mile race that will start and finish at the Roxbury Land Trust’s River Road preserve.

Current and former military personnel, current and former first responders and youth entrants should inquire about discount fees. The general charge is \$45 for a season pass and \$10 for the weekly waiver.

The races, which are sanctioned by the Roxbury Recreation Commission, start and finish near the community park at 18 Apple Lane.

For more information, contact Scott Benjamin, the race director, at [ScottBenjaminWCSU2014@gmail.com](mailto:ScottBenjaminWCSU2014@gmail.com), (v/m) (860) 354-3521 or access the Roxbury Races Facebook page, [www.roxburyraces.net](http://www.roxburyraces.net) or [Roxbury Road Runners Club](#).

Full results from the June 6 race are available via [Roxbury Road Runners Club](#).