

For Immediate Release

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Fisher Scores A Weekly Double

ROXBURY – Standing outside the pavilion at the Everett B. Hurlburt Community Park about 30 minutes before race time, a runner says with a sense of vigor, “I thought it was spring.”

The temperature was at 26 degrees when the lawn signs marking the 3.5-mile course were posted about 90 minutes earlier. It would only be 32 degrees – the freezing mark – when the runners ran over the electronic timing carpet to start the run.

Spring officially arrived eight days earlier. It had been three weeks since the time change. Two days earlier the Mets opened their season at Citi Field with the thermometer at 70 degrees.

Maybe what former longtime Roxbury Recreation Chairman Jay Kronfeld said some years ago is true: It seems that it is always two degrees cooler in Roxbury than the neighboring towns.

Moments earlier Nathan Fisher said he had returned his timing chip a week earlier and needed a new one.

Despite the brisk weather: Different chip, same result.

Fisher, 15, of Washington, a sophomore at Shepaug Valley High School-Washington. made it two consecutive wins at the weekly Roxbury Road Runners Club series.

He had prevailed on a 3.1-mile course on March 21.

Other runners marvel at his fluid stride. He doesn't appear to be running as fast as he actually is.

Fisher was clocked at 22-minutes, 22-seconds on the route, which included a trip up the steep hill on Chalybes Road and down the long incline along Wellers' Bridge Road.

He placed 10th in the Berkshire League cross-country championships last fall last fall and plans to compete this spring for the Spartans track & field team in the 3,200-meter run and the 4x800-meter relay.

At the Roxbury 3.5-miler, he outran Jeff Lipchus, 42, of Tolland, MA., who finished in 22:33. Lipchus, who formerly lived in the Sandy Hook section of Newtown, was the winner two weeks earlier over a 3.1-mile layout.

Lipchus captured 10 races out of the 38 that were run in the Roxbury series in 2025 and placed sixth in the season standings.

Multiple photos have been posted on Facebook of Amy Hanlon doing her signature handstand.

However, the 51-year-old Danbury resident is even better known for her running prowess.

She has completed three Boston Marathons, has done multiple long distance trail events and trains about 50 miles a week.

She annexed the female title at the Saturday, March 28, race and took ninth overall in 27:43. She is second in the female standings for 2026 after placing second in the women's division at the first two races of the Roxbury campaign.

She and her daughter, Abigail, 26, are fixtures in the metro Danbury running community.

Both of them have been part-time sales associates at the Woodbridge Running Company, which transitioned two years ago into the Brookfield Running Company.

Abigail Hanlon, ran at Danbury High School and competes in a number of the area races, completing the 7.8-mile Polar Bear Run around Lake Waramaug in February.

After four races, Matthew Capiello, 61, of Southbury is atop the overall season standings at Roxbury. Capiello, a sales manager for Cannondale bicycles, placed fifth in the 3.5-mile jaunt in 25:35, which boosted him to 220 points in the standings.

There are 36 scheduled races – the most of any series in Connecticut.

Last September Capiello placed fourth overall and first in his age group against a competitive field of 122 finishers in the 3.1-mile Run For Hunger and Health race in Newtown.

The Roxbury series will continue on Saturday, April 4, 8:30 a.m., with a 4.3-mile run that will include a trip up the hill on High Bridge Road.

Registration is available through [Roxbury Road Runners Club](#).

Runners should arrive early and check in at the Everett B. Hurlburt Community Park pavilion so that they are logged into the computer system.

Current and former military personnel, current and former first responders and youth entrants should inquire about discount fees. The general charge is \$45 for a season pass and \$10 for the weekly waiver.

The races, which are sanctioned by the Roxbury Recreation Commission, start and finish near the community park at 18 Apple Lane.

For more information, contact Scott Benjamin, the race director, at ScottBenjaminWCSU2014@gmail.com, (v/m) (860) 354-3521 or access the Roxbury Races Facebook page, www.roxburyraces.net or [Roxbury Road Runners Club](#).

Full results from the March 28 race are available via [Roxbury Road Runners Club](#).

