

For Immediate Release

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## Fisher Demonstrates Why He's A High School Runner To Watch

ROXBURY – About 30 minutes before he galloped past colonial houses – some of which were built shortly after the American Revolution – Nathan Fisher asked a race official to provide the directions for the 3.1-mile jaunt.

The race official offered roads and turns and added that mile markers and directional arrows were planted along the route.

It was a good thing, because Fisher, 15, of Washington took the lead down the first hill as though he was chasing a Kentucky Derby winner.

On the first Saturday of spring he went wire to wire – six minutes and twenty-five seconds per mile – to enter the winner's circle at the weekly Roxbury Road Runners Club Series.

He ran the five kilometers in 19:52.99 – along a route which included a trip up and down hills on Wellers' Bridge Road.

A sophomore at Shepaug Valley High School-Washington, Fisher placed 10<sup>th</sup> last fall at the Berkshire league cross country championships. His Roxbury win was a tune up for spring track practice, which was to start two days later. He said he plans to concentrate on the 3,200-meter run and the 4x800-meter relay.

Michael Z, 35, of New Haven was second on Saturday, March 21, in 21:08.

Miriam Acevedo apparently deserves the improvement award.

She placed second in the women's season standings in 2024. In 2025, she not only annexed the female title but placed second overall in the season standings. Out of 38 races, she was the first female finisher 15 times.

Over the 3.1-mile route she scored her first triumph in the women's division in 2026 – placing 13<sup>th</sup> overall out of 55 finishers with a time of 24:24.

Acevedo, 49, of New Milford said she started running more than 30 years ago while in high school. She has been training steadily for the last 25 years and averages 45 miles per week during the race season.

The Roxbury series will continue on Saturday, March 28, 8:30 a.m., with a 3.5-mile run that will include a trip up the steep hill on Chalybes Road.

Registration is available through [Roxbury Road Runners Club](#).

Runners should arrive early and check in at the Everett B. Hurlburt Community Park pavilion so that they are logged into the computer system.

Current and former military personnel, current and former first responders and youth entrants should inquire about discount fees. The general charge is \$45 for a season pass and \$10 for the weekly waiver.

The races, which are sanctioned by the Roxbury Recreation Commission, start and finish near the community park at 18 Apple Lane.

For more information, contact Scott Benjamin, the race director, at [ScottBenjaminWCSU2014@gmail.com](mailto:ScottBenjaminWCSU2014@gmail.com), (v/m) (860) 354-3521 or access the Roxbury Races Facebook page, [www.roxburyraces.net](http://www.roxburyraces.net) or [Roxbury Road Runners Club](#).

Full results from the March 21 race are available via [Roxbury Road Runners Club](#).