

SWVRRC 2026 Participation Form

Name _____

Please mark any that apply to you. Running a race, volunteering at a race, attending a meeting, club picnic, and even bringing goodies to the Pumpkin Run counts. So, if you participated in any way, let us know. Without our volunteers some of these events would never happen! YOU do make a difference!! **Mail forms to Erica Morgan, 371 Hillcrest Drive, Princeton, WV, 24740 or email to cfcrunforgod@gmail.com by Friday, December 11.**

	Officer or Board Member
	Race Director If you are a race director, how many do you direct? _____
	Attended Club Meeting - January 2026
	John Cox Memorial 5K (ran or volunteered)
	Kevin O'Sullivan 5K – March 2025 (ran or volunteered)
	National Running Day – June 6
	Pumpkin Run – October 2025 (ran or volunteered)
	Submit Four Seasons Form by December 11
	Lead a Group Run
	Recruited a NEW member

If you have done other volunteer work that promotes the SWVRRC and it is not one of the items above, please add the event.

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