

50m

Jon Berit	8.74	65-69	8/24/25	NH Senior Games
Jon Berit	8.87	65-69	9/6/25	RI Senior Games
Wayne Tavares	9.09	75-79	9/6/25	RI Senior Games

60m

Koji Hirokane	7.46	open	1/11/25	Suffolk Relays
Greg Seraus	7.54	open	1/19/25	GBTC Invitational
Shavaar Haney	8.54	35-39	3/2/25	BU Last Chance
Jon Berit	10.22	65-69	2/23/25	USATF-NE Champs
Wayne Tavares	10.31	75-79	3/1/25	USATF New York Open/Masters
Jon Berit	10.35	65-69	3/24/25	World Masters Indoors
Jon Berit	10.35	65-69	1/19/25	GBTC Invitational
Wayne Tavares	10.45	75-79	1/19/25	GBTC Invitational
Jon Berit	10.48	65-69	2/15/25	Gordon Kelly Invite
Jon Berit	10.49	65-69	2/8/25	Crimson Open
Jon Berit	10.50	65-69	2/1/25	Terrier Classic
Wayne Tavares	10.53	75-79	1/26/25	USATF East Region
Jon Berit	10.54	65-69	1/26/25	USATF East Region
Jon Berit	10.55	65-69	1/11/25	Suffolk Relays
Jon Berit	10.56	65-69	12/27/24	USATF-NE Night At The Track
Jon Berit	10.59	65-69	12/29/24	Marathon Sports
Wayne Tavares	10.60	75-79	12/29/24	Marathon Sports
Jon Berit	10.79	65-69	12/7/24	New Balance Early Bird Invite

60m hurdles

Wayne Tavares	11.94	75-79	3/1/25	USATF New York Open/Masters
Wayne Tavares	12.19	75-79	1/26/25	USATF East Region
Wayne Tavares	12.39	75-79	12/29/24	Marathon Sports
Wayne Tavares	12.82	75-79	1/19/25	GBTC Invitational
Wayne Tavares	12.84	75-79	2/21/25	USATF National Masters

80m hurdles

Wayne Tavares	17.24	75-79	7/26/25	USATF-NE Champs
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100m

Jon Berit	16.69	65-69	7/19/25	Bay State Games
Jon Berit	16.80	65-69	8/24/25	NH Senior Games
Jon Berit	17.19	65-69	7/12/25	Nutmeg State Games
Wayne Tavares	17.53	75-79	8/24/25	NH Senior Games

Wayne Tavares	17.63	75-79	7/26/25	USATF-NE Champs
Wayne Tavares	17.74	75-79	9/6/25	RI Senior Games
Wayne Tavares	17.66	75-79	7/12/25	Nutmeg State Games
Jon Berit	17.86	65-69	6/28/25	GBTC Twilight By The Sea

200m

Koji Hirokane	22.88	open	3/2/25	BU Last Chance
Koji Hirokane	22.92	open	5/10/25	Battle Road #1
Koji Hirokane	23.04	open	2/8/25	Crimson Open
Koji Hirokane	23.66	open	1/19/25	GBTC Invitational
Koji Hirokane	23.67	open	1/11/25	Suffolk Relays
Gavin O'Connor	25.89	open	12/8/24	Northeastern Joe Donahue Season Opener
Gavin O'Connor	26.74	open	1/19/25	GBTC Invitational
Jon Berit	35.00	65-69	3/26/25	World Masters Indoors
Jon Berit	35.09	65-69	2/8/25	Crimson Open
Jon Berit	35.10	65-69	12/14/24	BU Mini Meet
Jon Berit	35.24	65-69	1/19/25	GBTC Invitational
Jon Berit	35.29	65-69	12/29/24	Marathon Sports
Jon Berit	35.52	65-69	7/26/25	USATF-NE Champs
Jon Berit	35.55	65-69	8/24/25	NH Senior Games
Jon Berit	35.63	65-69	1/11/25	Suffolk Relays
Jon Berit	35.78	65-69	7/19/25	Bay State Games
Jon Berit	35.86	65-69	2/15/25	Gordon Kelly Invite
Jon Berit	35.96	65-69	12/7/24	New Balance Early Bird Invite
Jon Berit	36.02	65-69	7/12/25	Nutmeg State Games
Jon Berit	36.24	65-69	1/26/25	USATF East Region
Jon Berit	37.56	65-69	6/28/25	GBTC Twilight By The Sea
Wayne Tavares	38.71	65-69	1/19/25	GBTC Invitational
Wayne Tavares	39.94	75-79	12/29/24	Marathon Sports

300m

Jon Berit	55.00	65-69	3/2/25	BU Last Chance
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400m

Koji Hirokane	50.80	open	5/31/25	Battle Road #3
Taylor Finn	56.59	open	2/23/25	USATF-NE Champs
Jon Berit	79.37	65-69	2/23/25	USATF-NE Champs
Jon Berit	81.27	65-69	3/29/25	World Masters Indoors
Jon Berit	81.49	65-69	7/26/25	USATF-NE Champs
Jon Berit	82.56	65-69	12/27/24	USATF-NE Night At The Track

Jon Berit	83.04	65-69	9/6/25	RI Senior Games
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400m hurdles

Koji Hirokane	54.39	30-34	7/26/25	USATF-NE Champs
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600m

Gavin O'Connor	1:31.52	open	12/7/24	BU Sharon Colyear-Danville Season Opener
Gavin O'Connor	1:37.25	open	1/19/25	GBTC Invitational

800m

Brendan Carter	1:58.52	open	1/11/25	Suffolk Relays
Brendan Carter	1:58.73	open	12/14/24	BU Mini Meet
Russell Gokemeijer	1:59.43	open	5/10/25	Battle Road #1
Russell Gokemeijer	1:59.62	open	1/19/25	GBTC Invitational
Chris Barker	2:02.86	open	12/27/24	USATF-NE Night At The Track
Marco Bertolotti	2:04.00	30-34	6/28/25	GBTC Twilight By The Sea
Gavin O'Connor	2:10.12	open	12/14/24	BU Mini Meet
Bill Newsham	2:39.84	60-64	2/23/25	USATF-NE Champs
Bill Newsham	2:40.32	60-64	3/23/25	World Masters Indoors
Bill Newsham	2:44.08	55-59	1/11/25	Suffolk Relays
Bill Newsham	2:48.93	55-59	12/27/24	USATF-NE Night At The Track
Jon Berit	3:14.61	65-69	3/23/25	World Masters Indoors

1000m

Brian Gilligan	2:52.08	30-34	12/6/24	Cardinal & Gray Alumni Meet
Gavin O'Connor	3:01.21	open	1/25/25	UMass Lowell Riverhawk Invitational

1500m

Russell Gokemeijer	4:10.57	open	6/8/25	Battle Road #4
Jeff Noyes	4:15.75	30-34	6/8/25	Battle Road #4
Marco Bertolotti	4:18.57	30-34	6/8/25	Battle Road #4
Jeff Noyes	4:20.65	30-34	5/31/25	Battle Road #3
Colin McGinn	4:23.14	open	5/10/25	Battle Road #1
Jeff Noyes	4:24.10	30-34	5/10/25	Battle Road #1
Robert Lamarre	4:35.52	30-34	6/8/25	Battle Road #4
Angel Reyes	4:58.97	30-34	6/8/25	Battle Road #4
Bill Newsham	5:22.70	60-64	3/28/25	World Masters Indoors
Bill Newsham	5:35.52	60-64	7/20/25	USATF National Masters
Bill Newsham	5:45.95	60-64	7/26/25	USATF-NE Champs

1 mile

Brendan Carter	4:20.33	open	12/29/24	Marathon Sports
Brendan Carter	4:21.05	open	2/7/25	Harvard Crimson Elite
Brendan Carter	4:23.72	open	1/11/25	Suffolk Relays
Jonah Spector	4:23.92	open	5/17/25	Battle Road #2
Michael Stamm	4:25.23	open	3/2/25	BU Last Chance
Mike Creedon	4:26.82	30-34	1/19/25	GBTC Invitational
Jeff Noyes	4:36.88	30-34	1/19/25	GBTC Invitational
Chris Barker	4:37.38	open	1/11/25	Suffolk Relays
Russell Gokemeijer	4:38.13	open	6/14/25	Adrian Martinez Classic
Marco Bertolotti	4:38.69	30-34	1/19/25	GBTC Invitational
Jeff Noyes	4:40.11	30-34	1/11/25	Suffolk Relays
Jeff Noyes	4:40.22	30-34	12/27/24	USATF-NE Night At The Track
Jeff Noyes	4:42.60	30-34	5/17/25	Battle Road #2
Colin McGinn	4:47.13	open	1/31/25	Harvard Invitational
Robert Lamarre	4:48.83	30-34	1/19/25	GBTC Invitational
Robert Lamarre	4:52.23	30-34	1/11/25	Suffolk Relays
Sam Schrage	4:53.67	open	1/19/25	GBTC Invitational
Devon Colmer	4:56.55	30-34	1/21/25	The Circuit: Boston
Baxter Demers	4:56.89	open	8/14/25	Heartbreak Mob Mile
Baxter Demers	5:00.69	open	6/28/25	GBTC Twilight By The Sea
Devon Colmer	5:04.93	30-34	1/19/25	GBTC Invitational
Dave Moyer	5:11.56	30-34	6/28/25	GBTC Twilight By The Sea
Angel Reyes	5:15.23	30-34	6/28/25	GBTC Twilight By The Sea
Angel Reyes	5:17.32	30-34	5/17/25	Battle Road #2
Gavin O'Connor	5:22.75	open	12/8/24	Northeastern Joe Donahue Season Opener
Nick Fahrenkrog	5:45.03	open	1/19/25	GBTC Invitational
Bill Newsham	5:54.69	60-64	3/9/25	IC4A Open Mile
Bill Newsham	5:57.55	60-64	2/21/25	The Circuit: Boston
Mike Gillis	6:00.60	30-34	1/19/25	GBTC Invitational
Bill Newsham	6:06.23	60-64	1/19/25	GBTC Invitational
Bill Newsham	6:13.59	55-59	12/29/24	Marathon Sports
Brian Hare	6:28.91	50-54	6/28/25	GBTC Twilight By The Sea

2000m steeplechase

Bill Newsham	8:55.92	60-64	7/18/25	USATF National Masters
Bill Newsham	9:03.20	60-64	7/26/25	USATF-NE Champs

3000m

Brendan Carter	8:35.39	open	12/7/24	New Balance Early Bird Invite
Brendan Carter	8:42.36	open	12/14/24	BU Mini Meet
Mike Creedon	8:45.74	30-34	2/15/25	Gordon Kelly Invite
Brendan Carter	8:45.82	open	2/1/25	Terrier Classic
Evan Ferguson-Hull	8:48.37	open	2/15/25	Gordon Kelly Invite
Mike Creedon	8:52.16	30-34	1/19/25	GBTC Invitational
Michael Stamm	8:54.77	open	5/10/25	Battle Road #1
Erik Hinrichsen	9:10.48	35-39	1/19/25	GBTC Invitational
Jeff Noyes	9:11.32	30-34	1/19/25	GBTC Invitational
Brian Gilligan	9:13.98	30-34	12/14/24	BU Mini Meet
Andy Chalmers	9:18.04	30-34	1/19/25	GBTC Invitational
Colin McGinn	9:20.34	open	3/2/25	Billy Brockmueller Inv
Sam Schrage	9:24.10	open	1/19/25	GBTC Invitational
Colin McGinn	9:31.11	open	1/24/25	UMass Lowell Riverhawk Invitational
Will Coppola	9:34.47	open	3/2/25	BU Last Chance
Colin McGinn	9:37.01	open	1/11/25	Suffolk Relays
Robert Lamarre	9:40.58	30-34	1/19/25	GBTC Invitational
Sam Schrage	9:46.79	open	2/15/25	Gordon Kelly Invite
Bill Newsham	11:46.00	60-64	3/25/25	World Masters Indoors
Bill Newsham	12:34.24	60-64	1/26/25	USATF East Region

2 mile

Brendan Carter	9:23.52	open	2/15/25	The Circuit@NYC
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5000m

Mike Creedon	14:52.68	30-34	2/23/25	USATF-NE Champs
Mike Creedon	14:54.25	30-34	1/24/25	UMass Lowell Riverhawk Invitational
Nicolas Ferretti	14:59.75	open	2/23/25	USATF-NE Champs
Nicolas Ferretti	15:03.04	open	5/31/25	Battle Road #3
Mike Creedon	15:16.69	30-34	6/28/25	GBTC Twilight By The Sea
Mike Creedon	15:28.53	30-34	1/11/25	Suffolk Relays
Jeff Noyes	15:40.66	30-34	1/11/25	Suffolk Relays
Jeff Noyes	15:42.02	30-34	1/24/25	UMass Lowell Riverhawk Invitational
Sam Schrage	15:56.28	open	5/10/25	Battle Road #1
Sam Schrage	15:58.67	open	5/31/25	Battle Road #3
Sam Schrage	16:05.75	open	6/8/25	Battle Road #4
Sam Schrage	16:09.26	open	1/11/25	Suffolk Relays
Colin McGinn	16:12.62	open	5/31/25	Battle Road #3
Brian Gilligan	16:17.27	30-34	12/29/24	Marathon Sports
Colin McGinn	16:19.62	open	2/23/25	USATF-NE Champs

Sam Schrage	16:27.70	open	1/24/25	Umass Lowell Riverhawk Invitational
Erik Hinrichsen	16:29.27	35-39	6/28/25	GBTC Twilight By The Sea

10000m

Colin McGinn	34:33.85	open	5/17/25	Battle Road #2
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Long Jump

Koji Hirokane	6.32m	30-34	7/26/25	USATF-NE Champs
Wayne Tavares	3.71m	75-79	12/14/24	Florida Senior Games (outdoor)
Wayne Tavares	3.63m	75-79	1/26/25	USATF East Region
Wayne Tavares	3.51m	75-79	3/1/25	USATF New York Open/Masters
Wayne Tavares	3.47m	75-79	12/29/24	Marathon Sports
Wayne Tavares	3.41m	75-79	7/26/25	USATF-NE Champs
Wayne Tavares	3.36m	75-79	9/6/25	RI Senior Games
Wayne Tavares	3.21m	75-79	8/24/25	NH Senior Games
Wayne Tavares	3.13m	75-79	7/12/25	Nutmeg State Games
Wayne Tavares	3.12m	75-79	1/19/25	GBTC Invitational

High Jump

Wayne Tavares	1.35m	75-79	2/22/25	USATF National Masters
Wayne Tavares	1.30m	75-79	8/24/25	NH Senior Games
Wayne Tavares	1.30m	75-79	3/27/25	World Masters Indoors
Wayne Tavares	1.30m	75-79	3/1/25	USATF New York Open/Masters
Wayne Tavares	1.30m	75-79	1/26/25	USATF East Region
Wayne Tavares	1.30m	75-79	1/19/25	GBTC Invitational
Wayne Tavares	1.30m	75-79	12/29/24	Marathon Sports
Wayne Tavares	1.27m	75-79	9/6/25	RI Senior Games
Wayne Tavares	1.25m	75-79	7/26/25	USATF-NE Champs
Wayne Tavares	1.25m	75-79	7/12/25	Nutmeg State Games
Wayne Tavares	1.22m	75-79	12/14/24	Florida Senior Games (outdoor)
Jon Berit	1.07m	65-69	9/6/25	RI Senior Games

Shotput

Jon Berit	6.45m	65-69	9/6/25	RI Senior Games
Jon Berit	6.25m	65-69	8/24/25	NH Senior Games
Jon Berit	6.25m	65-69	1/19/25	GBTC Invitational
Jon Berit	6.24m	65-69	7/26/25	USATF-NE Champs
Jon Berit	6.12m	65-69	8/31/25	Twilight Throwers
Jon Berit	6.24m	65-69	1/26/25	USATF East Region
Jon Berit	6.11m	65-69	3/25/25	World Masters Indoors

Pentathlon

Wayne Tavares	2544 pts	75-79	2/20/25	USATF National Masters
Wayne Tavares	2371 pts	75-79	3/23/25	World Masters Indoors