

Presidents Blog – Stargate.

June 2026

I have always considered myself a solitary runner. I enjoy my own company and feel very comfortable running alone any time of day. So “how” you ask does a solitary runner join a run club and then become president? Why do people run in groups? Why join a team of people to do something you can do alone?

I moved to Summit County in 2006 and did not know a soul here. Summer comes around and I joined the Summit Trail Running Series. There was this awesome community of runners and the vibe was electric. Bubbly, fit, fun-loving people of all ages who just loved to run and socialize. I learned the trails, met friendly faces and started to feel like I belonged to something bigger than just being a runner. I had found a community of runners. Fast forward to 2026 and we have a thriving run club – where runners meet to share miles, share stories, and share the post run endorphins. The experiential running market is on the rise... people doing destination runs, runs with raves, relay runs as a team, and traveling with friends to run an event. Running is such a fantastic way to meet other people in your community and join a group that fundamentally does not judge how fast or how far you can run. Everyone can show up and run whatever they feel comfortable. But remember, no one cares more about your running stories than your fellow runners!

It's June- see you out there! Tis the season.