



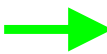
Water Station #4:
Andrew Lewis

Parking: Have volunteers park in the ALMS staff parking lot on the corner of Tennessee & 4th.

Approximate time runners come through your station: 8:32-9:45am

Runners will come through your station once, running on the west side of Tennessee (closest to the school)

Zone 3 Captain: Nat Franklin

- | | | | |
|---|--------------------|---|----------------|
|  | Runners' Path |  | Energy Gel |
|  | Water Table |  | Port-a-Jon |
|  | Energy Drink Table |  | Course Marshal |