

Silver Circle Sports Events Emergency Action Plan

Race Director	Sean Osborne 262.327.4472
Equipment Manager	Rob Winter 262.385-7045
Course Manager	Shane Osborne 262.443.6655
Registration Manager	Katie Osborne 262.434.0447

Severe Weather

At the discretion of the Race Director, the race may be delayed or canceled, and participants will be directed to seek shelter. Delays / cancellations will be posted on social media and communication via public address system.

<https://www.facebook.com/SCSEVENTS>

Lightning / Thunder

The race will be delayed 30 minutes after the last thunder before resuming outdoor activities.

Severe Heat

Heat index at or above 90°F

Race will continue but athletes should be aware of deteriorating conditions.

Race director considerations:

Decision to be made by 6 am

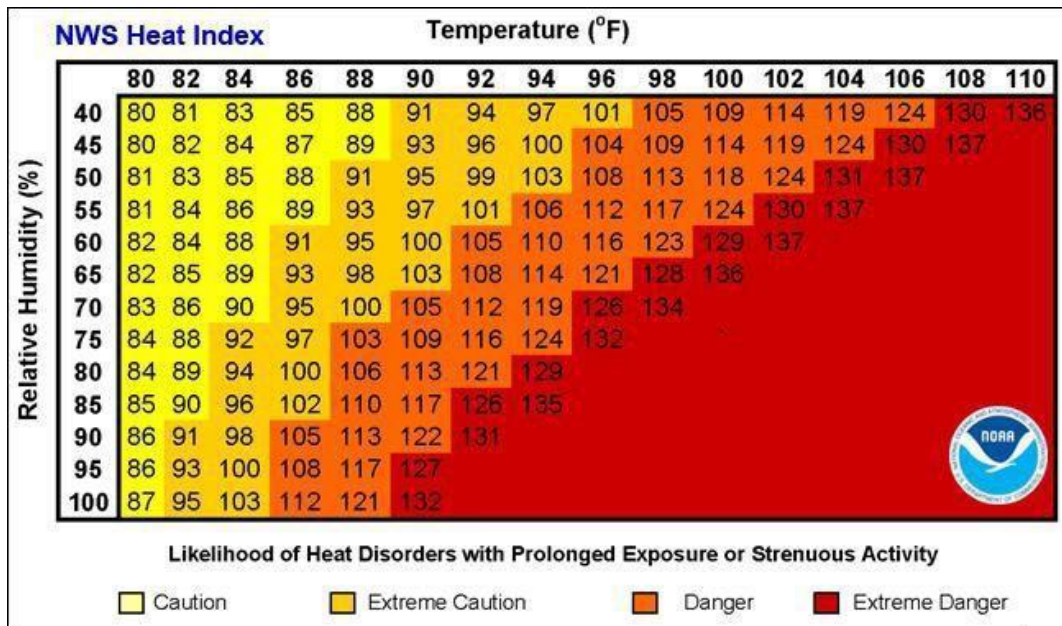
(preferable the night before)

Cancel Run / Walk or

- Shorten run to ½, 10K or 5K.
 - NOTE – we may need to delay the race in order to move all the water and adjust course/timing.

Heat index at or above 105°F

Cancel the event



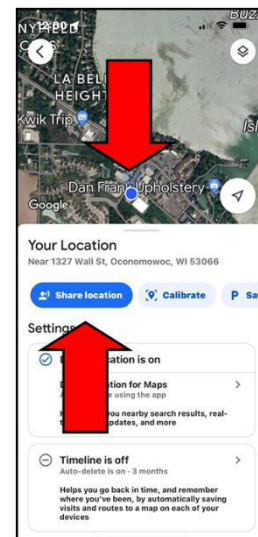
Injured Runners

Immediate medical care needed:

- In a medical emergency, dial 911 or instruct a bystander to dial 911.
- Dial 911 from a safe area. Provide the following information:
 - Your name
 - Location
 - Any available details of the accident or illness
- Do not hang up until told to do so in case additional information is needed. (Unless staying on the line would put you in harm's way)
- Notify Race Director. Provide name, bib number and the nature of the injury.

Athlete needs transportation:

- Notify Race Director & provide the following information:
 - Your name
 - Runner's name and bib number
 - Location and/or closest intersection, GPS
 - Have athlete/volunteer send their location
 - Open Google map
 - Hold the blue dot
 - Click share location
 - Any available details of the accident or illness
 - Course manager will pick up athlete



Lost Athlete

- Notify Race Director
- Get runners name, bib number and what clothing they had on

- Race director will call aid stations / course marshals and update them & ask if they have seen the runner
- Course manager drive the course from the turn to the start line
- Race director will get the name & phone of the lost runner from the registration staff or timer
- Race director calls lost runner.
- If no answer, call emergency contact to see if they can contact them or if they were picked up.

Air quality

For air quality guidance during wildfires, we follow established standards like those from the RRCA and EPA:

- **AQI 0–50 (Good):** Safe for all outdoor activities
- **AQI 51–100 (Moderate):** Acceptable, though unusually sensitive people may want to reduce exertion. Most can safely run, but heavy exertion may mildly impact performance.
 - **RRCA** suggests consulting your medical team and local officials. If AQI is near 100, consider shortening the course (e.g., half instead of full).
- **AQI 101–150 (Unhealthy for Sensitive Groups):** Sensitive participants should limit activity.
- **AQI 151–200 (Unhealthy):** Advise moving event indoors, postponing, or canceling.