

READING & FITNESS CHALLENGE

ABOUT THE PROGRAM

The **Reading & Fitness Challenge is BACK!** This event is centered around encouraging youth in the community to **get active** and **excited about reading!!**

Challenge your students (K-6th) to read 12 books and complete 12 hours of fitness activity by January 31. Participants who complete the challenge are invited to the Reading & Fitness Challenge celebration on either March 4 or 5 during the morning session of the Phillips 66 Big 12 Women's Basketball Championship at the T-Mobile Center in Downtown Kansas City, Missouri. Classes, troops, teams, individuals – all are welcome to participate!

PROCESS

- Review the Reading & Fitness Challenge **instructions**
- Submit the Reading & Fitness registration form by **Friday, December 12, 2025** to secure spots for your class, team, troop and/or student(s)
- Download the **Reading Log & Fitness Log** and distribute to students
- Submit the **Final Participant Form** by **Friday, February 13, 2026** (This will be sent to you after you register.)
- Mark your calendars for the Reading & Fitness Challenge Celebration on **March 4 or 5, 2026**

RULES

- Girls and boys grades K-6 are eligible to participate.
 - There will be two age groups, K-3 & 4-6, used to determine the top participants.
- Each participant must complete a minimum of 1 Reading Log (12 books) and at least 12 hours of activity time by January 31.

Participating schools & organizations must fill out their Final Participant Form by Friday, February 13 to be eligible for rewards and recognition.

REWARDS

Each participant who completes the challenge will receive:

- Complimentary lunch
- Ticket to the morning session, **March 4 or 5**, of the Phillips 66 Big 12 Women's Basketball Championship
 - Games tentatively set for 11 a.m. & 1:30 p.m.
- Book
- Reading & Fitness Challenge "Certificate of Achievement" Bookmark

The top boy and girl from each of the two grade groups – K-3 & 4-6 – will be recognized during halftime of the first game, est. game time 11 a.m. - on March 4 or 5

**FINAL PARTICIPANT FORMS DUE
FRIDAY, FEBRUARY 13, 2026**

**QUESTIONS? PLEASE EMAIL
INFO@WINFORKC.ORG**

