





Application for TCRC Membership

The purpose of the Triple Cities Runners Club (TCRC) is to promote and support all avenues of running in our local area, and be a driving force in helping our running community to be united, strong, and continue to grow. We welcome runners of ALL abilities, whether you are a competitive racer, run for fitness, seasoned veteran, or just beginning; we are here to support everyone. As a member of TCRC, you will be part of that community, help support the club's efforts, and enjoy the camaraderie of other club members and local runners, group runs, workouts, races, special events, and more! Learn more about the TCRC and local races at: www.triplecitiesrunnersclub.org or at the TCRC Facebook Page.

What the TCRC does for you:

Joining the TCRC is easy, inexpensive, and loaded with benefits. As a member, you'll enjoy:

- · The camaraderie of other local runners at group runs, workouts, races, and social events
- Support and encouragement for your running, whether you're competitive, recreational, or somewhere in between
- · Discounts on certain TCRC sponsored races and our annual dinner
- Free entry into the January Freeze 10k series and TCRC summer track meets.
- Insurance coverage for the Jan. Freeze 10K series, weekly workouts, and the TCRC track meets
- Inclusion in members-only social and educational events during the year
- An invitation to join the TCRC on Facebook to communicate directly with other club members/runners
- Eligibility to vote at the TCRC annual meeting and to hold office
- Discounts at some local area businesses

How to apply for Membership

You have two ways to apply. You can sign up online at: https://runsignup.com/Club/NY/Binghamton/TripleCitiesRunnersClub. Or you can fill out this form, sign the waiver, and mail the form with payment to: TCRC, 1130 Vestal Ave, Binghamton, NY 13903.

Membership Types and Fees

We offer individual adult or junior memberships and family memberships. Memberships cover the calendar year (1/1 - 12/31). New members who join between November 1 and December 31 will receive membership through the next calendar year (e.g., 11/01/23-12/31/24).

Regular Adult Membership (Age 22 or older at time of joining or renewal): \$20

Junior Membership (Age 21 or younger at time of joining or renewal): \$10 (or \$1 if under a family membership – see below)

Last Name:		First Name:	
Street Address:			
City:	State:		Zip:
Phone Number:		E-Mail Address:	
Membership Type: Adult Junior	Gender: O Male	○ Female ○ Non-Binary	Date of Birth:

Do you want to be added to the TCRC E-Mail list? Y N May TCRC contact you for volunteer opportunities at local races/events? Y N

Family Membership:

Family membership includes the above adult member and up to 5 other household members for a total fee of \$25. For family members beyond 6, please add \$5 for each adult and \$1 for each junior. The \$25 fee includes no more than 2 adults.

Additional Family Members:

Signature of parent or guardian (required for all junior applicants)

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		<u> </u>		○ Male ○ Female ○ Non-Binary	
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Name		Date of Birth:	Membership Type:	Gender:	
	Total Dues (\$20 Adult, \$10 Junior, \$25	Family of 6 or fewer; Additi	onal Adult/Juniors at \$5/\$1)	\$	
	Optional Tax Deductible Donation*			\$	
	<u>Total Amount</u>			\$	
	* A red	ceipt will be sent to you ver	ifying your donation.		
I assume all by me, said the condition Association, demands, daparticipation I understand allowed in an I recognize than the release activities, even shall be bind organization	am properly trained. I agree to abide by any right of any official to deny or suspend my right of any official to deny or suspend my risks associated with running, volunteering risks including but not limited to falls, contact as of the road and release the TCRC, any after their agents, employees, representatives an amages, causes of action, liabilities or expering the event, even if such results from negling that bicycles, skate boards, baby joggers only TCRC event and their use can result in dishat, in consideration of the TCRC acceptant the TCRC and all sponsors, representatives are though that liability may arise out of the right gupon my heirs, administrators, successed. By this release, I fully intend to discharge the and from any event sponsored by the TCRC.	participation for any reason and otherwise participating at with other participants, the filiated sponsoring bodies, and/or affiliated or parent organses of any kind which occupence, fault or carelessness or carriages, roller skates or isqualification from a race. The companies of the companie	in club races and events, all see effects of weather, including including Road Runners Club ganization and any sponsoring ur either directly or indirectly as of the sponsoring organization. It blades, animals and devices I will abide by and assist in the mbership, I, for myself, and at laims or liabilities of any kind at on the part of the organizatio nure to the benefit of the succession.	such risks being known and appreciated high heat and/or humidity, traffic and of America, USA Track and Field organizations from any and all claims, as a result of or in connection with my ons. with headsets and/or earbuds are not e enforcement of this guideline. hyone entitled to act on my behalf, waive arising out of my participation in club in named in this waiver. This release sessors and assigns of the sponsoring	
Signature Print Name	3	Date Date			

Date