YOUNGSTOWN ROAD RUNNERS CLUB





As the area's oldest and finest running organization, The Youngstown Road Runners Club would like to extend an invitation to you to join us for the coming year. Whether it's competitive action or recreational fun runs, the YRRC is there to provide it. We use one of the country's finest Park Districts, the Mill Creek Metro Parks, for our weekly runs. We run past historic sites like Lanterman's Mill, the rugged gorge area, and meander along the waters of Mill Creek. We labor up those killer hills with nicknames like "Big Bear." We sponsor the challenging Distance Classic, a half marathon on closed park drives as well as a cross country run on the beautiful local Boardman High School course. We offer water during the hot summer runs, along with several picnics. We provide cabins, coffee and hot chocolate following the cold winter runs. We offer a bimonthly newsletter, race and training information, and so much more. We give a scholarship to a Youngstown State cross country runner. We also make available shoes for those athletes in high school who run on a Suburban League team and can not afford shoes. Perhaps most importantly, we provide running camaraderie, running partners, and, of course, friendships. We're involved in the running community. We'd like to have you join us.

Online registration available at runsignup.com online fee applies

MEMBERSHIP APPLICATION

| (Please Check) |) | | ☐Student Membership Member Continuously Since | | | | | |
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| NAME | | | | | | | | |
| NAMELast | | | | First | | Middle | | |
| ADDRESSS | Street | Address | | City | State | ZIP | | |
| PHONE NUMBER | RS Hom | e | | | Cell | | | |
| BIRTHDAY | | | AGE_ | | OCCUPATION | | · · · · · · · · · · · · · · · · · · · | |
| E-MAIL ADDRESS | | | | | | | | |
| | | | | | | | | |
| SIGNATURE | | | DATE | | | | | |
| l wish | to contr | ibute to the | YRRO | Endow | ment to Young | stown State Unive | rsity | |
| ☐ Ple | ase indic | ate if you h | nave a | dded a co | ontribution to v | our membership o | check | |

The waiver on the back MUST be signed.

Benefits of the Youngstown Road Runners Club:

- FREE INDIVIDUAL RACE TRAINING PROGRAM PROVIDED BY CERTIFIED COACHES
- Weekly club runs
- Discount at Second Sole in Boardman
- Club picnic, pasta dinner, pancake breakfast, chili run, Christmas party, & Awards dinner.
- Discounts for merchandise through the RRCA website (rrca.org)
- YRRC newsletter
- > Running & walking partners, over 200 runners of all ages, fitness, and endurance levels
- Club members have first opportunity at the YRRC Scholarship to YSU
- Cabins in Mill Creek Park for our fall, winter, and early spring runs
- Club members receive a discount on club 5k races i.e. Mill Creek 5k, provided dues are paid for that year
- Club members receive a discount on Mill Creek Distance Classic, provided dues are current
- > All members of a member household are eligible for all club events

The Youngstown Road Runners Club depends on volunteer help and if possible, would like your assistance at one club event this year. This is not mandatory, it is strictly voluntary. Please realize that if you check to volunteer, this does not necessarily mean you will be called. It means that you could be called. It also means if called, you can still choose not to help. We will compile this list so that we have a pool of helpers who are interested in working a race. Sometime we have enough help, other times we do not. That is when we will call. Please check if you might be available to help time a race this year.

| Yes | No | |
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Club Membership Waiver

I know that running and volunteering to work in club races are potentially hazardous activities. I should not enter and run in club activities unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running and volunteering to work in club races including but not limited to, falls, contact with other participants, the effects of the weather including high heat and/or humidity, the conditions of the road and traffic on the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your acceptance of my application for membership, I for myself and anyone entitled to act on my behalf, waive and release the Road Runners Club of America, the Youngstown Road Runners Club, and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in these club activities even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

| Signature | Date | this waiver must be signed for memb | ership to be valid |
|------------------------|--------------------------|-------------------------------------|--------------------|
| | | | |
| | | Date | |
| Parent or quardian sig | nature if under 18 years | <u> </u> | |

Send payment to: Youngstown Road Runners Club
P O Box 2817
Youngstown, OH 44511

ANNUAL DUES FOR THE YOUNGSTOWN ROAD RUNNERS CLUB ARE \$30.00 PER HOUSEHOLD

ANNUAL DUES FOR A SINGLE FULL TIME STUDENT \$20.00

Youngstown Road Runners Club web site: http://ytownrunners.org

Visit us on Facebook at YRRC

Questions or concerns, contact Don Bolger at donbolger.us@gmail.com