



USATF Certification
OK16007DG

Three Rivers Health Center 5k
Muskogee, OK – 5,000 meters

Effective Dates
4/11/16 – 12/31/26

Start/Finish: On the main entrance drive into Three Rivers Health Center, located 7.3 m east of the sliver sign that reads: “Handicap parking ← , Pharmacy →”

1st Turnaround: At the center of the concentrate drain north of Hancock Rd.

1k: On N 41st St, going north, 59 meters south of the south edge of the south entrance of Three Rivers Health Center

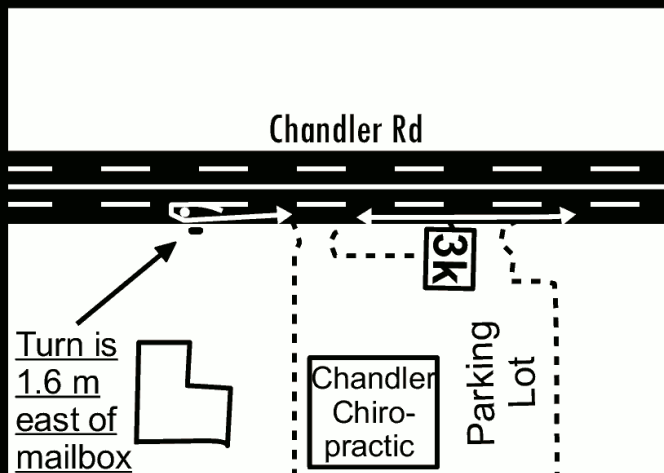
2k: On N 41st St, going north, 34 meters south of the Penske Truck Rental and Leasing Sign .

3k: On Chandler Rd, going west, directly at the west edge of the east entrance for Chandler Chiropractic

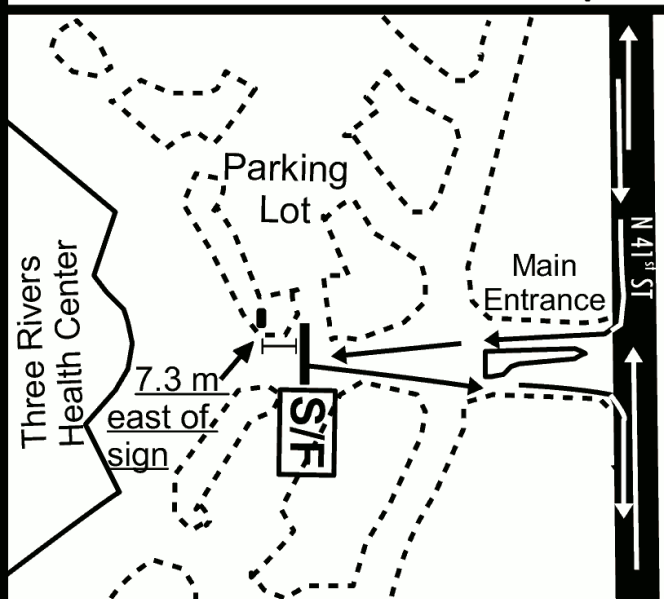
2nd Turnaround: On Chandler Rd, 1.6 meters east of the mailbox at the residence of 3703 Chandler Rd.

4k: On Tull Ave, 54 meters west of the Eastpointe Industries sign.

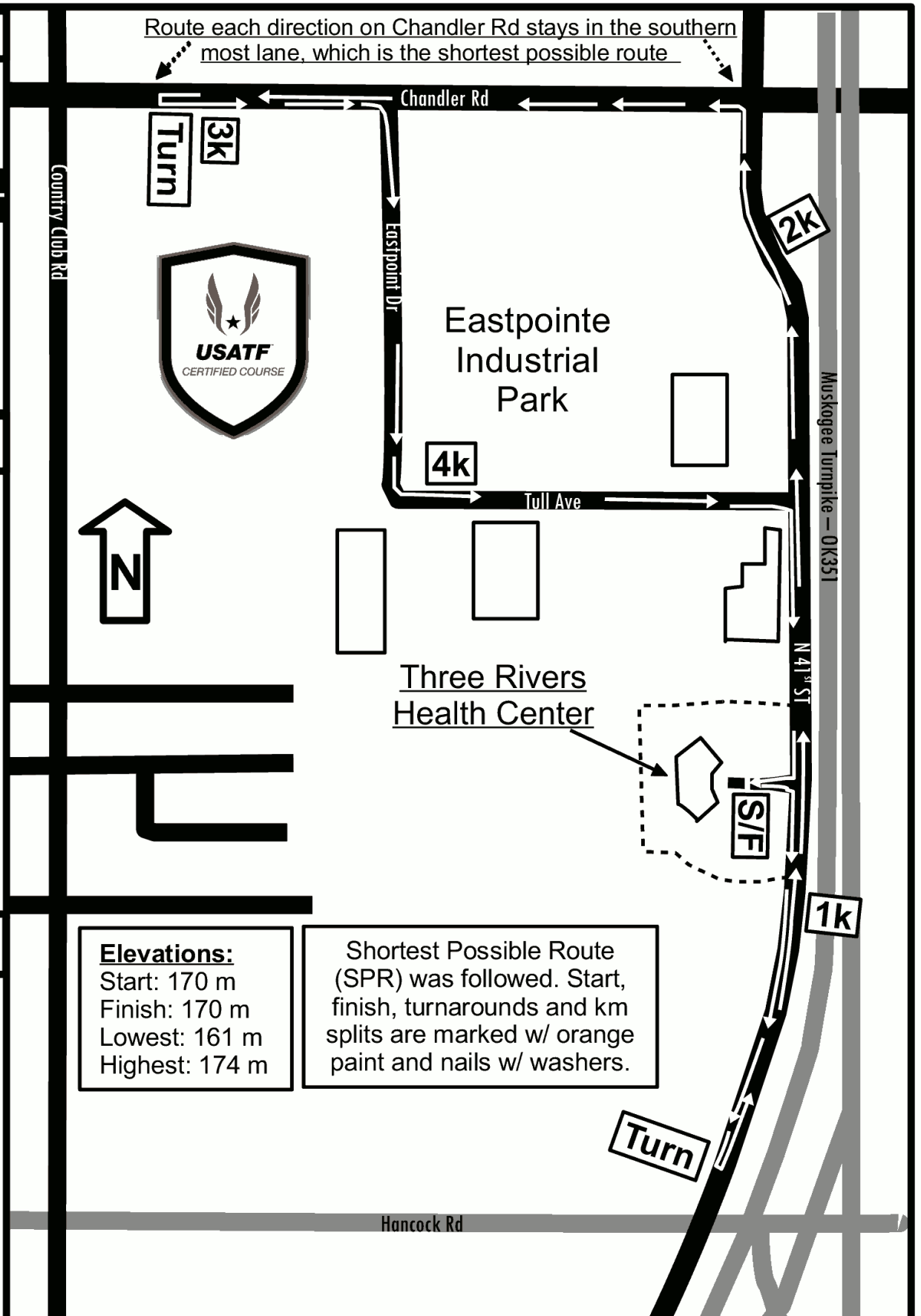
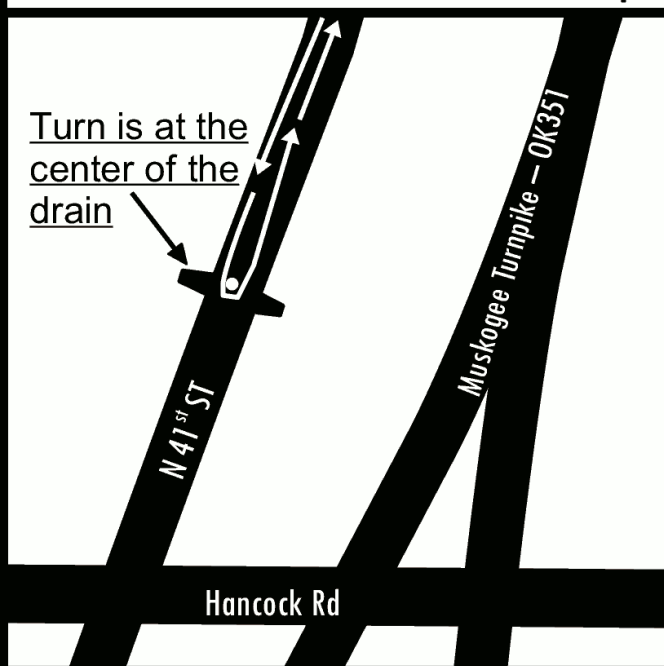
2nd Turnaround Detail Map



Start/Finish Detail Map



1st Turnaround Detail Map



Route each direction on Chandler Rd stays in the southern most lane, which is the shortest possible route

Elevations:
Start: 170 m
Finish: 170 m
Lowest: 161 m
Highest: 174 m

Shortest Possible Route (SPR) was followed. Start, finish, turnarounds and km splits are marked w/ orange paint and nails w/ washers.

Measured by: Martin Updike, I:40 Race Service Measured on 4/1/2016
918-577-1956, martin@i40raceservice.com

Race Contact: Stefanie Buckskin, stefanie.buckskin@cherokee.org



**Road Running Technical Council
USA Track & Field
Measurement Certificate**



Name of course: Three Rivers Health Center 5K Distance: 5 km
 Location : (state) Oklahoma (city) Muskogee
 Type of course : road race calibration course track
 Measuring methods : bicycle steel tape electronic distance meter
 Measured by (name, address, phone & e-mail) Martin Updike 2903 Gibson ST., Muskogee, OK 74403
918-577-1556 martin@i40raceservice.com
 Race Contact (name, address, phone & email) Stefanie Buckskin 1001 S 41st St. E, Muskogee, OK 74403
918-781-6500 stefanie-buckskin@cherokee.org
 Date(s) when course measured: Apr. 01, 2016
 Number of measurements of entire course: 2 Course Configuration: several out/back sections
 Elevation (meters above sea level) Start 170 m Finish 170 m Highest 174 m Lowest 161 m
 Straight line distance between start & finish 0 m Drop 0 m/km Separation 0.0%
 Type of Surface: Paved 100% Dirt 0% Gravel 0% Grass 0% Track 0%
 Effective date of certification: Apr. 11, 2016 Certification code: OK16007DG

Notice to Race Director: Use this Certification code
in *all* public announcements relating to your race

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If any changes are made to the course, this certification becomes void, and the course must then be recertified.

Verification of Course — In the event a National Open Record is set on this course, or at the discretion of USA Track & Field, a verification remeasurement may be required to be performed by a member of the Road Running Technical Council. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 in the year **2026**

AS NATIONALLY CERTIFIED BY

Doug Garrett

Date : Apr. 12, 2016

